

TIGER DENTAL CAFE

October 6 – 10

HOURS:

MONDAY - FRIDAY

BREAKFAST

7:30 AM - 10 AM

LUNCH

11AM - 1:30PM

MONDAY ENTREE

**Vegetarian Red Beans
w/ Smoked Sausage**

or

Fried / Baked Chicken

White & Brown Rice, Corn,
Baked Macaroni, Collard
Greens

TUESDAY ENTREE

Mango Crusted Tilapia

or

Pastalaya

Green Beans with Bacon &
Potatoes, Rice Pilaf, Mixed
Veggies, Steamed
Cauliflower

Taco Salad

WEDNESDAY ENTREE

**Garlic Parmesan
Wings**

or

Lemon Pepper Salmon

Creamed Spinach, Steamed
Broccoli, Sweet Potato
Wedges, Mixed Veggies

THURSDAY ENTREE

Rosemary Chicken

or

Steak

Roasted Fingerling
Potatoes, Pasta Primavera,
Parmesan Asparagus,
Spiced Carrots

FRIDAY ENTREE

Fried / Baked Fish

or

**Chicken & Sausage
Gumbo**

Coleslaw, Potato Salad,
Baked Macaroni, White &
Brown Rice, Peas &
Carrots, Dessert