

TIGER DEN CAFE

October 6 - 10

HOURS:

MONDAY - FRIDAY

BREAKFAST

7:00 AM - 10 AM

LUNCH

11AM - 1:30PM

MONDAY ENTREE

**Vegetarian Red Beans
w/ Smoked Sausage**

or

Fried / Baked Chicken

White & Brown Rice, Corn,
Baked Macaroni, Collard
Greens

ACTION STATION

Blackened Salmon &
Quinoa Salad

Grilled Shrimp Wrap

TUESDAY ENTREE

**Mango Crusted Tilapia
or
Pastalaya**

Green Beans with Potatoes
& Bacon, Rice Pilaf, Mixed
Veggies, Steamed
Cauliflower

ACTION STATION

Taco Salad

Spicy Chicken Sandwich

WEDNESDAY

ENTREE

**Garlic Parmesan
Wings**

or

Lemon Pepper Salmon

Creamed Spinach,
Steamed Broccoli, Sweet
Potato Wedges, Mixed
Veggies

ACTION STATION

Farmhouse Fried
Chicken Salad

Club Sandwich

THURSDAY

ENTREE

Rosemary Chicken

or

Steak

Roasted Fingerling
Potatoes, Pasta Primavera,
Parmesan Asparagus,
Spiced Carrots

ACTION STATION

Grilled Chicken &
Avocado Caprese Salad

Chili Cheese Dog

FRIDAY

ENTREE

Fried / Baked Fish

or

**Chicken & Sausage
Gumbo**

White & Brown Rice, Creole
Potato Salad, Coleslaw,
Baked Macaroni, Peas &
Carrots, Dessert

ACTION STATION

Fried Shrimp Garden
Salad

Catfish or Oyster Poboy